

Life Skills ILO Rubric:

Students will take responsibility for their own well-being through effective self-management practices, as well as developing respect for diverse practices of others.

| Criteria | Exceeds (3) | Meets (2) | Does Not Meet (1) |
|---|-------------|-----------|-------------------|
| <p>Reflection</p> <p>-- Students' work reflects openly and honestly on growth, including ability to learn from challenges</p> <p>-- Students' work demonstrates evolution in learning habits and/or improvement</p> <p>-- Students' work demonstrates confidence, goal-setting and emotional honesty</p> | | | |
| <p>Self-Management</p> <p>Student engages with diverse set of self-management strategies including but not limited to time-management, study strategies, stress management.</p> <p>--- Student demonstrates ability to plan responsibly for learning</p> | | | |
| <p>Diverse Practices</p> <p>Student is able to</p> | | | |

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| <p>effectively provide or reflect on feedback and provide thorough advice to others</p> <p>--</p> <p>Student work demonstrates respect for and connection to others</p> | | | |
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